

St. Pat's Elementary School Achieves Remarkable Success in the Défi Pierre Lavoie Energy Cube Challenge

Chandler, September 26, 2023

In a spirited display of determination and physical activity, St. Pat's Elementary School in Chandler has once again emerged as a shining star in the Défi Pierre Lavoie Energy Cube Challenge. This annual event, a staple at the school since 2016, takes place every May, where the dedicated staff and enthusiastic students venture outdoors to record their active time in 15-minute intervals. This year marked their second grand prize win in the competition, solidifying their reputation as energy champions.

The journey began in 2016 when St. Pat's Elementary School first joined the ranks of the Energy Cube Challenge participants. Remarkably, they clinched victory in their debut year, and their triumphant return in the latest edition saw them secure their second grand prize win. They proudly earned the title of the school with the highest recorded energy cubes in all of Gaspésie and the Magdalen Islands, a remarkable feat indeed.

As a reward for their exceptional achievement, each student and staff member was gifted with brand-new running shoes and socks, encouraging them to continue their active pursuits. But the celebrations didn't end there. The school was graced with a visit from the Grande Récompense team, and a triumphant party featuring the mesmerizing rhythms of Samajam. The festivities were a multicultural dance extravaganza, with participants revelling in music from around the world. This celebration extended beyond their school walls as they extended a warm invitation to the children from St. Joseph School to partake in the joyous occasion.

For an impressive 2.5 hours, the students and staff danced and revelled outdoors, embodying the essence of unity and fun. This event marked a proud moment for St. Pat's School and the Eastern Shores School Board (ESSB).

The school received 22 bicycles as a parting gift, adding a fun dimension to outdoor activities. These bikes will be used to travel to the school's outdoor classroom, emphasizing their commitment to physical activities and movement as an integral part of their daily lessons. St. Pat's can now boast about recording the highest levels of physical activity among all participating schools in Gaspésie and the Islands and an impressive 15th place in all of Quebec.

Nadine Savage, the Principal of St. Pat's, expressed her excitement and gratitude, stating that the bikes will significantly enhance the outdoor learning experience. The achievement showcases the school's dedication to promoting physical activity and outdoor learning, exemplifying its commitment to holistic education.

St. Pat's Elementary School has proven that remarkable achievements are within reach when a community comes together to embrace physical activity and outdoor learning. The school continues to inspire with their unwavering dedication to encouraging a healthy, active lifestyle among its students and staff. **Congratulations** to St. Pat's on this exhilarating achievement, a testament to the power of physical activity and outdoor education! May they keep moving, keep inspiring, and continue their remarkable journey of success.

